

SAM/MAM MUAC Quick Reference

MUAC below 11.5 cm: SAM screening signal.

MUAC 11.5 to 12.5 cm: MAM screening signal.

Check swelling, appetite, illness, and recent weight loss.

Refer urgent cases to a qualified health facility.

Generated by [PoshanTracker.org](https://poshantracker.org). Independent awareness resource.